

Community Café

CHANGING THE LIVES OF CHILDREN
THROUGH CONVERSATIONS THAT MATTER

Cafes Comunitarios

CAMBIANDO LA VIDA DE LOS NIÑOS
POR MEDIO DE CONVERSACIONES IMPORTANTES



Tips for Nourishing Your Team



- ☯ *Share what helps you be most present* in a group setting. Be specific:
 - “no strong fragrances”
 - “I really like elements of nature in the room”
 - “You can let me know when you think I’ve made a mistake by...”
- ☯ *Talk about what an inclusive, trusting conversation space looks, sounds, and feels like to you.* Find common values and a working principle to go along with it. Some examples include:
 - Be lean in speech
 - Speak from the heart
 - Speak for yourself; use “I” statements
 - Listen to understand, not to persuade
 - Step back if you tend to dominate; step up if you tend to let others lead
 - Be aware of intent and impact
- ☯ *Respect each other* – speak as if everyone who arrives is well intended and wants the best for their children.
- ☯ *Talk about which facilitating situations make you feel uncomfortable or challenged.* What could your team do to support you in those situations?
- ☯ *Brainstorm together* how you will help the group steer away from destructive conversations.

- ⊗ *Talk about your vision* for this particular project and goals for each conversation.
- ⊗ *Agree on the important points* to cover when designing your agenda.
- ⊗ *Share your strengths* and what you are excited to learn about regarding this project.
- ⊗ *Plan what is needed for your conversation and leverage each other's strengths* and relationships to provide it.
 - Instead of ordering pizza for dinner, you may know someone who loves to volunteer to cook. The site coordinator can provide a gift card and someone else can get volunteers to help serve and clean up.
- ⊗ *Notice the gifts your team members unknowingly give you;* share details with them about how their words, actions, or presence impacted you.
- ⊗ *Help each other feel okay* about making mistakes, trying out new skills or roles.
- ⊗ When receiving praise or a compliment from a team member, *honor their feedback* with a simple “Thank you, I liked hearing that.”
- ⊗ *Help each other monitor for time and group safety* (one monitor while the other is leading the activity).
- ⊗ *Help your team have fun and relax.*

