

FAMILIES NEED ALL OF THESE! PROTECTIVE FACTORS NECESSARY FOR FAMILIES TO THRIVE

1. I WILL CONTINUE TO HAVE COURAGE AFTER A CRISIS AND DURING STRESSFUL TIMES (PARENTAL RESILIENCY)



2. I AM CURIOUS AND RESPONSIVE TO WHAT MY CHILD NEEDS TO BE HAPPY AND HEALTHY (ADEQUATE KNOWLEDGE OF PARENTING CHILD DEVELOPMENT)



3. MY FAMILY HAS ACCESS TO BASIC NEEDS (ACCESS TO CONCRETE SUPPORT IN TIMES OF NEED, INCLUDING ACCESS TO NECESSARY SERVICES, SUCH AS MENTAL HEALTH)



4. I HAVE PEOPLE WHO KNOW ME, FRIENDS, AND AT LEAST ONE PERSON WHO SUPPORTS MY PARENTING (AN ARRAY OF SOCIAL CONNECTIONS)



5. MY CHILD FEELS LOVED, A SENSE OF BELONGING, AND CAN GET ALONG WITH OTHERS (HEALTHY SOCIAL AND EMOTIONAL DEVELOPMENT)

